



*The FONGline is a Cyber Newsletter
Published to Inform, Inspire and Instruct*

April 2004

**THE PASSION OF CHRIST & YOUR
PASSION FOR LIFE**

Undoubtedly Mel Gibson's movie *The Passion of Christ* not only is a major box-office success, it is the most discussed movie of the year. In our own church two Sundays ago our minister assembled a group after the worship service to discuss the film. There were a variety of reactions. If you had seen the movie I am sure you have an opinion and reaction to the movie. As one who chooses the martial arts way, I see Jesus Christ from a different perspective than a person who sees it from a theological standpoint. Here is my opinion. I feel that Mel Gibson was excessive in the beating of Christ. But I understand the point he is trying to make, so I can live with that. The entire film is a validation of the power of God's redemptive love. Just when we think evil force has its way; the final act belongs to power of God's redemptive love. *The Passion of Christ* is full of symbolisms to guide us through our own Good Friday and Passion. I found the reenactment of the final hours of Christ affirming. Christ's awful beating symbolizes suffering we all have to experience. No one can avoid the "dark night of the soul" and expect to grow deep in faith. There is no Crown without the Cross-. Faith offers us the kind of inner strength that will help us to turn our obstacles in opportunities. Just when Christ's persecutors thought they had put him to rest, the final scene of the movie reminds us that if God is in charge it is not "over until its over." That scene had a very strong impact on me; it is the final scene where the screen is black and you begin to see a rim of light and then in an extreme close up, he begins to rise and you see the nail scar on his hand. This scene is a powerful symbol of the transcending power of love. It is something for us to work on to perfect our faith journey. As a martial artist, I am reminded that proficiency in the art is not based on the best techniques; it is how deep your faith and the degree of redemptive love you have in your inner body. Spirituality is the highest form of martial arts. If we are serious about the martial journey, it behooves us to deepen our spiritual life. The brutality Jesus Christ had to endure reminds us of the challenges we face in the arena of life. In the midst of all the beating, Christ was unshaken and unmoved. He endured; he overcame and stood tall. You can only have this kind of strength when you are plugged in to the power source. Your opinion is welcome.

Peace, Leo Fong

Leo Fong Seminars

We take this opportunity to Thank, Kelly Worden for a very successful Remy Presas Memorial Seminar on March 27, 2004 at the House of Champions in Van Nuys, California. The attendance was great; the instructors were very capable and knowledgeable. It was especially a meaningful moment to see and talk to Dr. Remy Presas, Jr. If you close your eyes, you will think Remy, Sr. is in the room. The son sound just like his father. Remy, Jr. has a thorough grasp of his father's system, which he is now

the heir apparent. It is sad that many people making claims that they are the heirs to the Presas dynasty. There can be only one heir and to me I believe Professor Remy Presas' son Remy, Jr. is in the line of succession.

WEI KUEN DO Seminar

Leo Fong will be at the Otterbein United Methodist Church in Martinsburg, WVA on Tuesday, April 20, 2004. The seminar will start at 6:00 PM. For information contact Rev. Ken Fizer, 304-263-0342.

Leo Fong will be a guest instructor at George Dillman's Monthly Karate Camp at Muhammad Ali's former training camp, on May 28,29,30, 2004.

Leo Fong's Chi Fung Exercise Program

In 1996 Leo Fong retired from the active Pastoral ministry in Stockton, California. He decided to devote his time to developing an Energy Chi Based Exercise Program that will keep older people in shape and fit. Today, over 100 baby boomers and seniors are practicing the Chi Fung: body-mind exercise program. His CHI FUNG BODY MIND EXERCISE PROGRAM videotape is selling like "hot cakes". If you want a copy of the tape, write to:

Holy Cross Canoga Park
P.O. Box 7
Woodland Hills, CA. 91365-0007

The tape is \$15.00 plus \$3.50 for postage. **Your donation is tax deductible.**