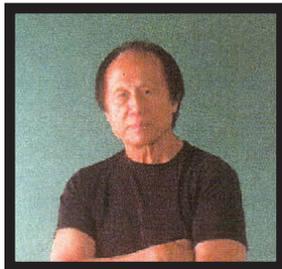


The Fongline

A Cyber Newsletter Published to Inform, Inspire and Instruct

LIN-CREDIBLE



The last few months a basketball phenom was born. Imagine a player nobody wanted; suddenly become the rage of the entire basketball world. Sounds like something out of a movie. Jeremy Lin of the New York Knicks basketball team reminds us suddenly you can succeed in this world even if you have been rejected repeatedly at a sport that you loved. The key is not so much on what others think of you, but on how much you believe in yourself. My faith always reminds me of the importance of believing in who you are, in relationship to the redeeming power of God's love. It is my conclusion that success is within reach of every human being on this planet if that person dare to dream and is willing to pursue that dream with PURPOSE, PASSION and PERSEVERANCE. The "Success Factor" is innate in all of us. Didn't someone say, "What the mind

can conceive and believe and act upon, it can achieve?" There is a second point Jeremy Lin inspired in us and needs to be emphasized; at birth God has put into us a seed for greatness. We all can be a Michael Jordan or a Muhammad Ali in our own way, provided we do not self destruct on the way up. There are many ways to abort our flight to greatness.

One of the most destructive is to try to be someone we are not. There is a difference between being inspired by great people and to try to imitate their greatness.

When we try to be a clone of the ones we admire and idolized we fail to recognize the "God given seed of greatness" within us. I see this in the Bruce Lee phenomenon. I remember before he became famous, he was like most of us. We "hung out" together, talked martial arts, do lunch at Silver Dragon Restaurant in Oakland's Chinatown. No one knew who he was, except a small group of us who came together to workout at Jimmy Lee's garage week to week. Between his movies and his death he became an icon. His name recognized by almost every one on this planet, martial artists and non-martial artists alike. His screen persona is much different than his off screen presence. Yet thousands, if not millions of people will try to be Bruce Lee. What Jeremy Lin did for me as an individual to reaffirm the value of being who you are. He admired Michael Jordan and took on the work habit of great players. In the end Jeremy Lin was Jeremy Lin. He transcended the opinions of those who did not think he was NBA material. He believed in himself. He cultivated his God given "Seed of Greatness". What I learned from Bruce Lee was not the urge to imitate, but to be inspired to work hard to bring out and cultivate the "seed of greatness" that is inside of us. God's gift to us is "life after birth", what we do with it in the end is our gift back to God.

Leo Fong

IT'S A WRAP!

"SHADOW BOXER" a movie written and directed by Norman Mayers, Produced by Leo Fong, under the Sky Dragon Production International banner with Red Mango Productions, completed its principal photography on March 31st. Shadow Boxer is an action-horror that included a cast of "off-beat" characters.



Cast and Crew

On the set

Learn More About... East of West
Visit: Sky Dragon International
www.skydragonintl.com

"EAST OF WEST" a made for television pilot starring Adam James, directed and written by Leo Fong is now in post productions. The first episode is about two pals meeting up (Lee Lollo as Travis and Adam James as Jim West) to work on the disappearance of several FMA competitors, only to discover they were killed in death matches and their organs were harvested and sold on the black market to Asian buyers.



On the set



Cast



“THE MUTE EXECUTIONER” starring Texas Karate Champion Linda Bustamante, written and directed by Leo Fong will go into post production in May. It is the story of love overcoming revenge. A young lady witnessed the massacre of her family, seek revenge. Meets the brother of one of the killers, falls in love and realized the relationship. Kill the brother for revenge and kill her relationship or forgive and move forward.



Extreme Counter Attack: Directed and Written By Leo Fong, Produced by Lee Lollo.

NOW IN PRE-PRODUCTION

“CHI FUNG MASTER” a Spiritual Martial Arts Master, impart his wisdom on a young MMA fighter to make him a winner. Stunt fighters, villains and other actors are needed. Contact Leo Fong if you are interested. (818) 884-7337

IN DEVELOPMENT

“PERFECT WIFE” a nerdy reject is seeking the perfect wife. When he failed to find the perfect 10, he created his own, Starring James Killabrew. Written and Directed by Leo Fong.

“SON OF BLACKULA” a radio disc jockey by day and a predator by night seek out women to satisfy his inner craving for blood. Starring Dayvd. Written and Directed by Leo Fong.

TRIBUTE



We take this opportunity to pay tribute to Boxing Trainer Robert Garcia, who was voted Ring Magazine Boxing Trainer of the Year. When informed that he was selected “Trainer of the Year”, he said, “It doesn’t make any difference to me, and I think my fighters are the ones who get me there. I have very good fighters, very good people around me. It’s all teamwork.” When you meet Robert for the first time; his humility and quiet demeanor stands out. He is much more than a boxing trainer he is also a “life trainer” who teaches young people how to live as well as how to box.

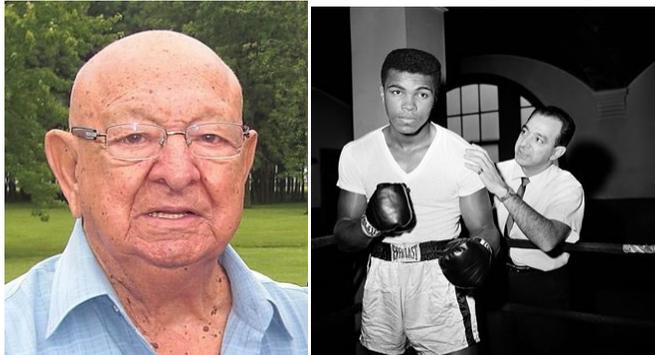
His handiwork is in his world champions, Nonito Donaire and Brandon Rios. Other world class fighters have joined his stable, Antonio Margarito and Kelly Pavlik.

Congratulations also to the “Runner Up”, Freddie Roach, Ann Wolfe, Barry Hunter and Virgil Hunter.

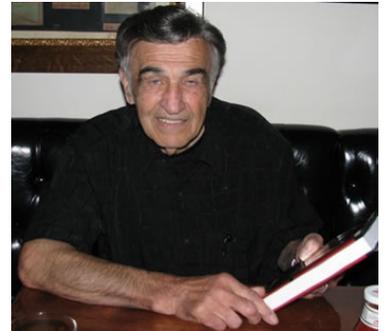
IN MEMORIAM

Bert Sugar

Boxing lost three great legends recently in Bert Sugar, Angelo Dundee and Goody Petronelli. Bert Sugar was known for his fedora and cigar, plus world of knowledge about boxing in which he authored over 25 books and also former editor of Ring Magazine after the death of its founder Nat Fleischer. Ring Magazine called Angelo Dundee “Boxing’s Will Rogers.” He guided Muhammad Ali and Sugar Ray Leonard to World Championships, plus some of the great boxers of the past, such as Willie Pastrano, Florentino Fernandez and Luis Rodriquez. Goody Petronelli was best known for training Marvelous Marvin Hagler. To all these great personalities, we pay our tribute and deep appreciation for the rich boxing legacy they left us. Being an avid boxer and fan, Bert Sugar, Angelo Dundee and Goody Petronelli were my mentors through their writings. They all definitely had a strong impact on the development of Wei Kuen Do. May their spirits continue to live on.



*Angelo Dundee with Muhammad Ali,
then known as Cassius Clay, in 1962*



Goody Petronelli

OUR LOVE AND CONDOLENCES to the family of Joe Torres, (not the former Dodger manager) the spouse of Gloria Torres and the father of Joseph Torres, Jr. Joe and the family were strong members of my congregation in Stockton, California when I was pastor between 1979-96.

The family made a deep impression on my heart. They not only were strong supporter of our ministry at St. Mark’s United Methodist Church, but very good personal friends. I watched Joseph grow up from a five year old until adulthood. I watched him work on my movies and later decided to attend Film School at USC and persevere until he becomes a regular on such film projects as “Scrubs” and “Cougar Town”. Joseph’s success is reflected in the kind of love Gloria and Joe gave to their son. Joe was a devoted husband and father, a man of honor and integrity. I will miss Joe’s physical presence, but his spirit will always prevail and live in my heart and memory.



Leo Fong received a Community Service Award for Chi FUNG Exercise Classes for Seniors.

CHI FUNG Mind Body Fitness



What is Chi Fung? Chi Fung is a mind-body fitness program found by Leo Fong to address to some of his own health issues over ten years ago. The program is based on Tai Chi and Chi Kung principles. It is different from the traditional inner arts in that Chi Fung uses light dumbbells for its exercise movements. After ten years, the program has proven to be valuable in managing stress, lowering glucose and blood pressure. The essence of the program is based on the acronym R.S.V.P., total relaxation during the performance of the exercise, slow motion movements and slow deep breathing, visualize results during the movements and pause between the beginning of the movement and the completion of the movement.

For information on certification, contact Adam James, (818) 269-4548.

A DVD of Chi Fung is now available for \$29.95 which includes priority mailing from

KOINONIA PRODUCTIONS
P.O. Box 7
Woodland Hills, CA. 91365-0007